



COOK AT HOME MEAL KITS

FGG FRIFD RICE

INCLUDED (serves 1)

Egg
Seasoned Rice

YOU NEED

1. Wok/pan

2. 1/2 tbsp cooking oil,

METHOD

- 1. Lightly beat the EGG and set aside.
- 2. Heat wok or pan on high heat until smoking and add oil. Once oil is hot, add in beaten EGG and scramble with utensil, continuing to cook on high heat.
- 3. Once egg is just cooked, add in SEASONED RICE and use your cooking utensil to press down on the rice to get rid of any lumps whilst tossing the pan too, ensuring everything is well mixed. Keep doing this until rice is piping hot and serve.