



COOK AT HOME MEAL KITS

CHICKEN IN SALT AND SPICY SAUCE

INCLUDED (serves 1)

1. Garlic/Chillies
2. Chicken/Veg (onions, spring onions, peppers)
3. Seasoning (Salt and Spicy)

YOU NEED

1. Wok/pan
2. 1 tbsp cooking oil
3. 150ml chicken stock

METHOD

1. Heat wok or pan on high heat until smoking and add oil. Once oil is hot, add in CHILLIES/GARLIC and cook until fragrant.
2. Continue to cook on high heat and add in the CHICKEN/VEG and toss through.
3. Add in stock and salt and spicy SEASONING, bring to the boil and simmer for a few minutes until sauce is reduced to just a few tablespoons left, then serve.

SIK FAN LAI
"BON APPETIT"



COOK AT HOME MEAL KITS

MIXED VEG IN SALT AND SPICY SAUCE

INCLUDED (serves 1)

1. Garlic/Chillies
2. Veg (onions, spring onions, peppers)
3. Seasoning (Salt and Spicy)

YOU NEED

1. Wok/pan
2. 1 tbsp cooking oil
3. 100ml vegetable stock

METHOD

1. Heat wok or pan on high heat until smoking and add oil. Once oil is hot, add in CHILLIES/GARLIC and cook until fragrant.
2. Continue to cook on high heat and add in the VEG and toss through.
3. Add in stock and salt and spicy SEASONING, bring to the boil and simmer for a few minutes until sauce is reduced to just a few tablespoons left, then serve.

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